

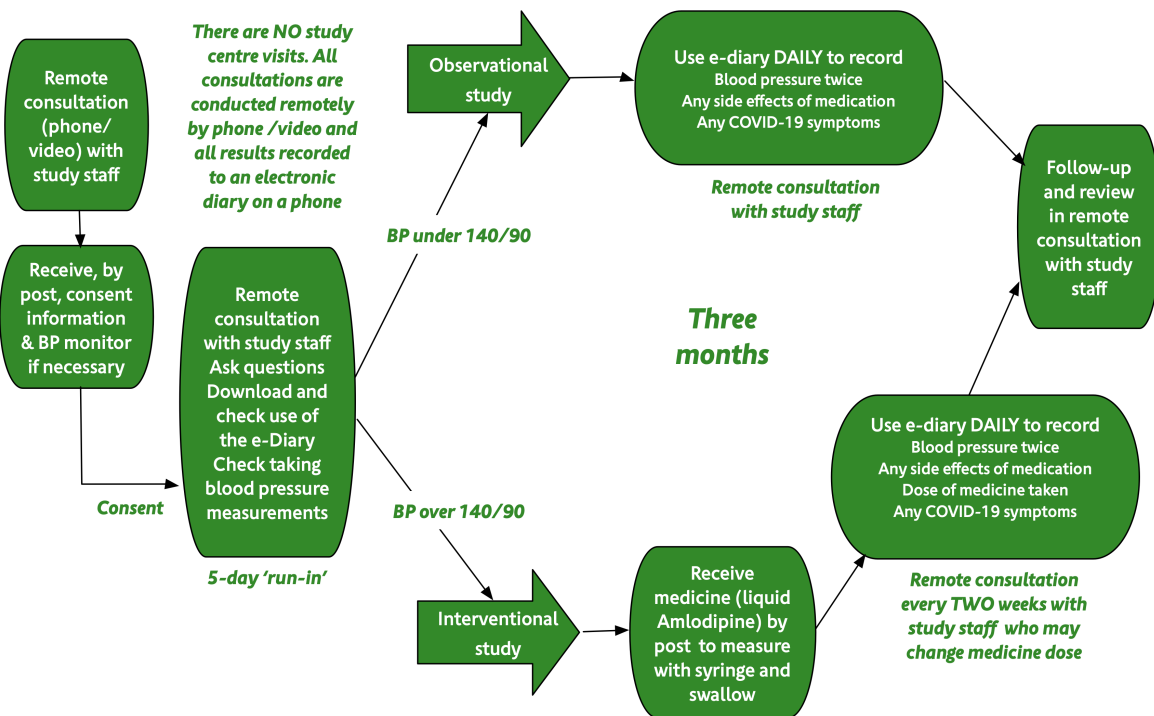


Study Summary

This study is focusing on blood pressure control for patients with high blood pressure (hypertension) during the COVID-19 pandemic when seeing a doctor for advice may be difficult. The study uses remote consultations by phone or video conferencing and patients record blood pressure and other results into an electronic diary on their phone. There are no visits to research staff at the study centre.

Personalised Electronic Record Supported Optimisation when ALONE for patients with hypertension — study for remote management of hypertension during the COVID-19 pandemic

PERSONAL-COVIDBP



The blood pressure and other information collected will be useful in testing remote monitoring and provide further information during the COVID-19 pandemic. Patients with controlled blood pressure will be in a purely observational study.

Patients with high blood pressure will receive medicine (liquid Amlodipine with a syringe to measure oral doses accurately) by post. The dose will be adjusted during the trial based on blood pressure readings in the electronic diary on their phone.



Based at the William Harvey Clinical Research Centre. Patients interested in joining the study should contact: Rebecca James, 020 7882 3499, rebecca.james@qmul.ac.uk or Mital Patel, 020 7882 5664, mital.patel@qmul.ac.uk

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