

Jit's Story

“My GP Couldn't Do What Clinical Trials Could...”



I had been struggling with my blood pressure treatment for some time before I started clinical trials. My blood sugar spikes a lot — so much so that it had sent me to hospital. The drugs that I was on at that time came with massive side effects for me and my GP was running out of options to try because I reacted so poorly to so many treatments. So my husband contacted the doctors at the William Harvey to get me on a clinical trial.

When I first arrived at the Research Centre, I was incredibly nervous, but the staff were quite reassuring and helped me understand everything that we would be doing. Going in, I did not know much about how clinical trials work, but I was so ill at this point I was willing to try just about anything. And everything I heard was reassuring — so I had little reservation in starting.

Now, I have been at the Research Centre for over a year and have gained more than improved health. I have also learned how to manage my own health better. Understanding what I was doing, as well as the potential risks, has helped with how nervous I have been with this process. I started out trying a slow-release medication but have tried lots of medications here to find one that fits me best. Some of the medications have had side effects, but some have helped as well. This is better compared to what my GP would be able to do. We were simply running out of options for me to pursue with my GP and being at the William Harvey has expanded what I am able to do to improve my health.



My two daughters and my husband have been very supportive throughout this process. All of them have seen me go through a lot with my health and while clinical trials are intimidating, they are ultimately a much better option for me.

The team at the William Harvey Research Centre have also been incredibly supportive and helpful. I always can find someone to talk to there and everyone is willing to work with you. I think participating in clinical trials is wonderful because you can not only help yourself and get personalised care, but you are also helping other people cope with illness too. Knowing I am not only here for myself, but for other people that are struggling as well has only increased the value of clinical trials for me.