

Jeyakanthan's Story



“More people should do this...”

I first heard about the William Harvey Research Centre through an advertisement on the LBC radio station. I decided to call about the alternative blood pressure medication protocol that the ad mentioned. I did not qualify for that trial, but the Centre called me later offering a different trial that I did qualify for. So that is what I am participating in now.

Coming to the William Harvey Research Centre, I found everything to be explained very well and felt comfortable with my decision to join the trial. Now, I come in every month for nine months to personalize my dosage to different medications and to monitor how each treatment method is working for me. I did not know anything about clinical trials but, as I read about them, I find myself trusting the Research Centre here and feel very comfortable with my trial. My family did not have any input in my participation in the trial, it was for my health, so it felt like it ought to be my decision. It was relaxing to keep agency over whether I was going to participate in the study.

I think I would have done much more research ahead of time if the study were privately funded, but the public health standpoint made it much more credible for me.

I genuinely don't think I'm at any risk because we're just mixing and matching known drugs, I'm not even trying anything that's not available already to the public — so I feel very secure with my medications. This trial is simply letting me personalise my care while simultaneously helping further medical knowledge.



We need more people to join trials, ethnic diversity is especially needed because it is the only way to make accurate findings for everyone. There is such a strong ethical appeal to people to participate, there is so much good done through these studies, they are incredibly valuable.

I moved to the UK 12 years ago from Sri Lanka and I think it is important for me as a Sri Lankan to participate in the studies to diversify who these studies are about; if we only study one group of people, we only get results about one group of people and only help some of the community.