

George's Story



“I didn't have concerns...”

I had a heart attack a few years ago, had two stents put in place as a result and was on statins. I had bad side effects with the statin and had a lot of joint pain. So my GP asked if I was interested in trying a trial since I was statin intolerant.

I joined a study for alternative statins and all I need to do is take one tablet a day and come to the Research Centre occasionally to monitor my blood, weight, and blood pressure.



Before I joined, I didn't hear much about clinical trials apart from the COVID vaccine trials and thought the participants were very brave for doing this and volunteering regardless of all the unknowns at the time. While I was starting my trial, I started looking up clinical trials more and did find the occasional horror story of trials going wrong, but I never had concerns about something like that happening with me.

Everyone here was very anxious to explain everything, which I appreciated with my lack of prior knowledge about clinical trials. It helped me orient myself better to what was happening and made me more confident that I had made the right decision in joining. I find the William Harvey to be very cordial and relaxed, everything is very personable and friendly. The staff all have a lovely rapport, they're all very friendly with both me and everyone else I see them interact with.

My main reason for signing up to participate in the trial was to have my blood pressure and cholesterol monitored so closely while fitting in well with my daily routine. I like that my health is being looked after so closely and appreciate that I have health professionals caring for me so closely and explaining what my health is like.

Overall, I found coming here to not be arduous whatsoever, my experience has been pleasant and relaxed. I have learned a lot about clinical trials and my health through this experience and appreciate the value of having so much medical care and knowledge while also benefitting others through this work.