

Ashish's Story

“I trust them...”



I was encouraged to join the clinical trial at the William Harvey Research Centre through a letter I received from the NHS. We depend on the NHS, and this was going to be good for me as well as the study, so I went to the Research Centre to find out more.

The first day I was there, I listened and learned about what I would expect and what would happen if I chose to join the study. I asked lots of questions that were all answered well and completely. I felt like I had plenty of information and I decided to take part in the trial through my own thinking process and was not pressured at all. I didn't really discuss whether I would do the trial with anyone, sometimes when I say I



am going to the Research Centre, my friends will ask what I am up to, but they don't really seem all that interested in the trials, it hasn't been a discussion point together, no one is worried or concerned or anything, it's just something I do. It was important to me to join the trial because I know that clinical trials need diverse participants in order to be accurate and unbiased. I know that more Bangladeshi participants are needed so my participation felt even more valuable because I was helping my community to be represented more accurately in our healthcare practices and knowledge.

I had no bad experiences with the William Harvey Research Centre, everyone has always been very nice and answer all my questions. All the staff have confidence in what they are doing, which makes me much more confident in their ability to take care of me, I trust them. Everything has run completely smoothly, and I felt like I understood everything well from the explanations I received.

If you are considering joining a trial, it is going to be okay. All you need is to want to understand what you are doing so you know what to expect. If you want to do it, you can easily do it, it is not as scary as it seems when you are looking at it from the outside — it is simple and safe, and the people care about you and your health.